





Mission

The CYC promotes the well-being and seeks to improve the quality of life of residents in Cabbagetown, St. James Town and Regent Park through the provision of social, recreational and skills development programs in response to community needs. The CYC serves as a focal point in developing leadership and encourages self-help and mutual aid.



Spiros' Message

As we close upon the first decade of the new millennium and I look back over the years I realize how much and how little has changed since 1972 when the **CYC** first opened the doors.

Our mission to provide our communities with barrier-free access to programs and services in response to community needs has remained unchanged.

Our vision to be a leader in delivering programs for children and youth by providing every child and youth with opportunities that may otherwise be unavailable to them to improve their chances for success in life, continues to be our focus. The following **CYC** core programs are part of our proud past and our strength from day to day:

- **CYC** provides a safe, supportive and supervised environment for children after school where they receive homework help, healthy snacks, recreational play and fitness and sport skill development.
- **CYC** Youth & Mentorship programs provide social and skill development opportunities, in both group and one-on-one settings offering a safe and trustworthy environment. Through ongoing outreach, **CYC** is able to connect with some of the hardest to reach youth.
- **CYC** continues to be a leader in delivering programs for children 0 - 6 years, parents and caregivers through the Community Action Program for Children (CAP-C), building community capacity as well as addressing issues of isolation and marginalization.
- Over the years, **CYC** has been an active community convener, leveraging financial and community resources by effectively participating with other community agencies to address gaps in service, avoid duplication and reach as many peoples as possible.
- **CYC's** commitment to building community capacity continues to be unwavering. Over the years, **CYC** has grown to become a trusted resource and aid within the community. Many children who have participated in **CYC** programs grow to work and volunteer at the Centre as youth. Many have also chosen education and career paths in recreation, education and community development. **CYC** trains and employs over 35 youth as part of its Summer Camp program through support from Human Resources and Skills Development Canada (HRSDC) and City of Toronto Children Services.

What's new?

CYC core programs serve as a bedrock for all new programs, by enabling us to monitor and respond to the needs for the children, youth and families we serve from a position of strength and success. For example, **CYC's** Performing Arts Program was built from being a small component in the After-4 program as well a pilot project in **CYC's** Summer Camp. The interest, aptitude, talent and lack of any other accessible program within the community launched a program that the



*Spiros Papathanasakis
Executive Director*





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community cannot do without. From spectacular annual winter and summer full-scale productions to performers' success at national and international competitions, this program has flourished.

CYC has been able to share its 38 years of experience to help children and youth by bringing vital community programming to high-risk neighbourhoods across the GTA. For the past few years, **CYC** has served as a catalyst, advocating for and helping to coordinate and deliver programs in the community. These include summer camps and youth programs, as well as programming specifically to boys in the Grades 1 through 12 as part of the Boys 2 Men Institute to help prepare them for real life through mentoring from a positive male role model.

Over the years, **CYC** has also expanded its outreach directly into the schools, working with the Toronto District School Board to provide Performing Arts and Boxing programming at surrounding schools. **CYC** has also launched We Read, a one-on-one reading and literacy program with Free the Children.

CYC was chosen by Coca-Cola in December 2009 to be the first community organization in Ontario to host the SOGO Active Program (Participation). Participants committed to leading an active, healthy life. The twenty youth aged 13 to 19 from **CYC** were chosen to carry the Olympic Flame in the Olympic Torch Relay leading to the 2010 Olympics in Vancouver.

CYC has grown over the years to meet community needs offering programs and services from four locations. Thanks to matching funding for capital dollars raised by **CYC** from the federal and provincial governments through the Recreational Infrastructure Canada (RinC) Program in Ontario and Ontario Recreation (Ontario REC), **CYC** will be able to deliver its programs from its newly renovated flagship Centre at 2 Lancaster Avenue by March 2011. We are very excited to be able to improve the physical environment of the Centre and treat our community to a fresh new space in which to learn, grow and belong.

Thank you to the community, industry and individuals who have been key to our ongoing Capital Fundraising Campaign. In October 2009, **CYC** held its inaugural Annual Golf Tournament, raising a substantial amount for our capital campaign. Mario Forgione of Phipp's Desserts, was a major supporter.

As we plan ahead, it is our goal to not only preserve our proud past, but to carry it forward and continue to make it relevant for the kids and families in the Cabbagetown, St. James Town and Regent Park

Spinos Papathanasakis

History

The **Cabbagetown Youth Centre** was formed in 1972 by volunteers to provide social and recreational programs for youth in the eastern inner city core of Toronto. **CYC** is a private, not-for-profit organization governed by an 14 member board of community supporters.

CYC was developed in response to a need for preventative services in a community with one of the highest youth crime rates in Metro Toronto. It has gradually expanded programs from sports to social activities to learning skills, health promotion and vocational development for residents of all ages.

In 1996, a site at 240 Wellesley Street East was developed. It includes classrooms for ESL instruction and computer training, child-care facilities and a large auditorium.

In 1999, **CYC** redeveloped an old YMCA in the sub-basement of a large apartment building in St. James Town. Since then, recreational, community and skill development programs have been offered at 650 Parliament Street. The site operates at capacity seven days a week and is presently straining existing resources.

Capital Improvements in 2010

In 1977 **CYC** purchased our building at 2 Lancaster Avenue. **CYC's** last facility upgrade was 25 years ago, with ongoing maintenance by volunteers the only work done since this time.

Ottawa and Queen's Park have both approved our applications for capital funding and each will match up to \$301,600.00 that we raise towards **CYC's** \$904,800.00 renovation project. Funding is contingent upon securing matching funds and completion of the project by March 2011.

This project includes repairs and upgrades that will dramatically improve energy efficiency, water use and safety. Plans include new electrical wiring and fixtures and new pipe and plumbing fixtures. Floors and ceilings will be repaired or replaced, and we will be able to finally install insulation in a building that has never been insulated.

To date, the roof has been replaced and a \$25,000.00 kitchen upgrade has been pledged. With almost two-thirds of our goal realized, we are working hard to fundraise to secure the remaining funds. We would like to thank our major donors who have contributed to our capital campaign including Manulife Financial, Kiwanis Club of Toronto, The Rotary Club of Toronto, R. Howard Webster Foundation, Bondfield Construction Company Limited, TD Canada Trust, Tippet Foundation, RBC Wealth Management, The MEG Foundation, Jays Care Foundation (Field of Dreams) and CIBC Foundation.



What We Do

CYC has evolved from a single program to a full range of recreational, social and skill development programs for a diverse, multicultural and constantly changing population.

CYC provides a complete range of recreational, social and skill development programs for ages ranging from pre-school to seniors. Programs are free of charge. Recreational programs include martial arts, boxercise, indoor soccer, volleyball, basketball and wrestling. Social programs include after-school programs, summer camps, performing arts, a youth club, drug awareness, leadership training, pre-school nursery and parent-child programs. Skill development includes computer training and youth employment training.

While **CYC** has evolved in response to community needs, it has also been a catalyst for the diverse community it serves. Each program is linked with other services, effectively mobilizing a diverse and evolving community comprised of many different cultural and socio-economic groups. Parenting and Family Literacy Centres function as a gateway to many **CYC** programs as well as to community and social services in general. The focus of programming is on developing local strengths and initiatives and soliciting local residents through volunteer contributions and paid employment to deliver services in the community.



Programs

Programs are designed in response to expressed community needs and ongoing community feedback. The **Cabbagetown Youth Centre** strives for a balance between recreational, skill development and community programs, encouraging participation at an early age with opportunities for ongoing involvement as children, youth, adults and seniors. Many of our programs are advised by a community council which sets program objectives, gets the community involved and responds to the needs of the program as they are identified through our internal evaluations.



Child & Youth

- After Four Programs
- 'We Read' Mentoring Program
- Youth Sports includes basketball, volleyball and soccer camps and leagues
- Performing Arts (Dance, Drama, Vocal)
- Snack Program
- March Break Camp
- Summer Sports Camp
- Summer Jr. Playgroup
- Summer Tennis Camp
- Literacy
- Active Games

Sports & Recreation

- Adult Dance
- Aerobics
- Baseball
- Boxing
- Dance
- Martial Arts
- Tai Jutsu
- Weight Room
- Wrestling

Community

- Internet Café (Partnership)
- CAP-C
- Parenting & Family Literacy Centre
- Cooking from the Heart
- Gym Program
- Movement & Music
- Fathering Program
- Community Home Visitor
- Peer Nutrition



Responding to Community Needs



The Cabbagetown Youth Centre provides social, recreational and skill development programming to residents from birth to seniors. **CYC** programming aims to empower children and youth in all areas of their lives, as well as helping to improve the quality of the lives of individuals and families in the community. In addition to the recreational programming, **CYC** offers skill development and social programs to empower and provide residents with the opportunity to participate in the social and economic life of the community.

Volunteerism plays a key role in **CYC's** success. In fact, its positive impact is two-fold! Volunteers are an invaluable resource. Through fundraising, sharing of skills and resources, assistance in renovation projects, service hours and program support, volunteers make many programs possible while also gaining invaluable training and leadership experience. It is through these relationships that **CYC** not only succeeds in meeting its communities' needs, but also evaluates, at a grass roots level, its changing needs.

Here are just a few examples of the many programs **CYC** is proud to offer in direct response to identified needs:

- **CYC Summer Camp** offers recreational and educational activities to campers in the areas of Sports Leagues, Performing Arts and Excursions and has been commended by the City of Toronto for its high quality and programming. This program gives a summer camp experience to kids who otherwise would not be able to enjoy summer camp.
- **CYC After-Four Programs** provide children with a supervised, supportive and safe environment after school to boost the skills and knowledge gained in the classroom. Programs offer age appropriate social, recreational and educational opportunities that include Homework Club and Tutoring, Literacy Instruction, Skill-Based Athletics, Recreational Free Play, Hands-On Math & Science, Music Instruction, Performing Arts, Nutrition and Computer Training. These programs promote self-esteem, foster peer relationships and provide the environment for positive, social integration.
- **As sponsoring agency for the federally funded St. Jamestown Community Action Program for Children (CAPC)**, **CYC** works in partnership with the Toronto District School Board, Hincks-Dellcrest Centres and Public Health to provide community children between the ages of 0-6 years and their caregivers with a variety of educational, recreational and supportive programs and services. The overall goal of the nine programs offered is to encourage the development of the children's social, emotional, cognitive and physical development as well as providing caregivers with useful information about healthy child development, parenting and community resources.
- **CYC Youth Programs** include recreational programming to engage the youth, and support services, skill development, entrepreneur training as well as educational and retraining opportunities (including literacy and computer training). These programs help develop self-esteem, self-confidence, leadership skills and provide positive alternatives to youth while promoting a sense of belonging to the community and providing a place youth can call their home.

Our community

CYC serves a richly diverse and multicultural community. Residents from the St. James Town, Cabbagetown and Regent Park communities represent a variety of different cultures including Sri Lankan, Filipino, Chinese and Indian, Tibetan, Nepali, Russian, Chechnyan, Ethiopian, Somali, Spanish, Pakistani and Afghani immigrants. In fact, St. James Town is often the first Canadian home for immigrants from around the world.

Within its 18 high rise buildings, St. James Town houses over 65,500 people per square kilometre, compared to 7,000 residents per square kilometre in the rest of Toronto, making it the most densely populated single block in Canada.

Residents of St. James Town are more likely to be renters, recent immigrants, seniors living alone, low income earners or on public assistance. The residents are likely to speak a first language other than English or French, to have low birth-weight babies, to have less than a high school education and to be teen mothers or lone parent families. This diverse and high-risk population shares local medical, educational and recreational services and resources that are stretched, inaccessible or *simply non-existent* in the community.



Partners

Toronto Parks and Recreation
 Toronto District School Board
 Toronto Catholic District School Board
 Winchester Park Public School
 Toronto Police Services, 51 Division
 Operation Springboard
 Toronto Pre-School Speech and Language
 Toronto Public Health
 Hincks-Dellcrest Centres
 Salvation Army
 Native Child and Family Services
 Tamil Academy of Culture and Technology
 United Filipino Association of St. James Town
 Toronto Police Services
 Silayan's Community Centre
 Parliament Wellesley Property Management
 Winchester Residents Association
 Second Harvest
 Our Lady of Lourdes Catholic School
 Serve Canada
 Children's Aid Society
 Heart to Heart
 KidSport Ontario
 Philpott Tennis
 614 St. Jamestown
 St. Stephen's Community House
 Wellesley Community Recreation Centre
 Winchester Street Theatre
 The Children's Book Bank
 Kids Up Front
 Bathurst Street Theatre
 Toronto Public Library - Parliament Street
 Free the Children
 Toronto District School Board - Rose Ave. Public
 School/Winchester Public School/Regent Park/Duke of
 York/Spruce Court Public School
 Focus on Youth
 Parenting and Literacy Programs

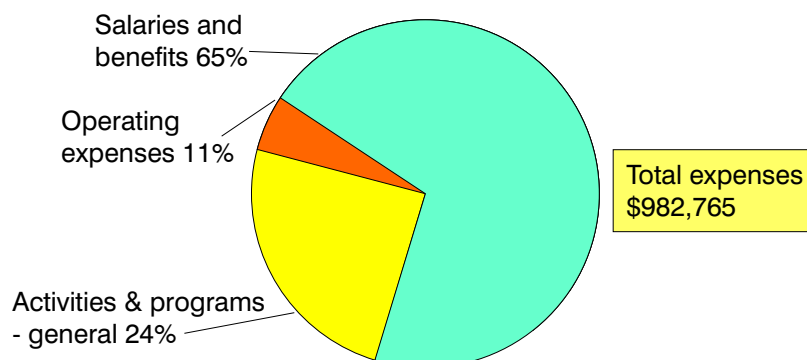


Our Donors and Funders

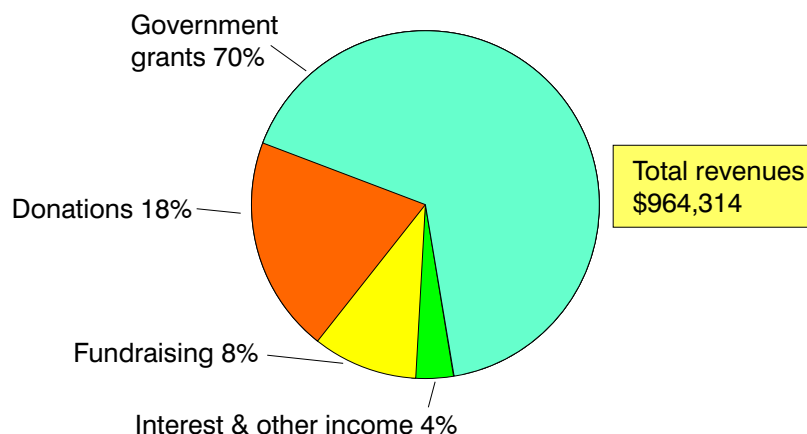
Air Canada - Corporate Sales
 BMO Foundation of Hope
 Beaver Bible Class
 Blair's Run - Street & Team Donations
 Bonfield Construction
 CIBC Children's Miracle Foundation
 City of Toronto
 – Parks, Forestry and Recreation Major Recreation Partnership Program
 CP24/CHUM Christmas Wish
 Free the Children
 Government of Canada
 – Social Development Canada - Human Resources & Skill Development Canada
 – Health Canada
 Hermant Family Foundation
 ING
 Jays Care Foundation
 Kids Up Front
 Kiwanis Club of Toronto
 KPMG
 Lorraine Kimsa Theatre for Young People
 Manulife Financial
 National Ballet of Canada with SunLife Financial
 Ontario Science Centre
 Ontario Trillium Foundation
 Parents
 Phipps Desserts
 Province of Ontario
 – Ministry of Health Promotion Communities in Action Fund
 – Ministry of Education Boys to Men (B2M)
 Raptors Foundation
 Regent Park
 R. Howard Webster Foundation
 Rotary Club of Toronto
 St. Jamestown Steak & Chop
 Second Harvest
 Sony Canada
 Starbucks - Parliament Street
 Sun Life Financial
 The Salvation Army
 Tippet Foundation
 United Way - Donor Designations
 Universal Youth Foundation
 Wellesley-Parliament Square
 Winchester Public School

Sponsors (of Evening Soccer League)
 Merchants of Cabbagetown

Expenses



Revenues



Board of Directors

Ron Caulfield
 Gerald Graves
 Louise Koepfler
 Marilyn Marshall
 John McFadyen
 Kevin Moore
 Spiros Papathanasakis
 John Raftery
 Al Quance
 Sandra Riches
 Judy Shields
 Henry Toran
 Mark Warner
 Peter Wylie

CABBAGETOWN YOUTH CENTRE INC.

STATEMENT OF OPERATIONS

Year ended December 31

	2009	2008
REVENUE		
Government grants	\$675,118	\$736,229
Donations	176,710	158,369
Fund raising events, net	75,130	35,211
Interest and other income	37,356	40,725
	\$964,314	\$970,534
EXPENSES		
Activities - General (including boxing)	\$237,285	\$266,941
Operating expenses	104,571	91,135
Salaries	640,909	559,623
Excess (deficiency) of revenue over expenses	\$982,765	\$917,699
	(18,451)	52,835

PURPOSE OF THE ORGANIZATION

Cabbagetown Youth Centre Inc. (the "Centre") is an organization operating social and recreational programs in the Cabbagetown and St. James Town communities of Toronto, Ontario. The Centre is incorporated as a not-for-profit organization and is a registered charity under the Income Tax Act.

Audited Financial Statements are available upon request.



Cabbagetown Youth Centre Inc.

Charity BN/Registration #: 88862 1893 RP0001

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Fax 416 513-9804

280 Wellesley Street East

Toronto ON M4X 1G7

Tel 416 963-9528

240 Wellesley Street East

Toronto ON M4X 1G5

Tel 416 923-0984

Other Program Locations

Rose Avenue Public School, 675 Ontario Street

260 Wellesley Street

Winchester Public School, 15 Prospect Street