





Mission

The CYC promotes the well-being and seeks to improve the quality of life of residents in Cabbagetown, St. James Town and Regent Park through the provision of social, recreational and skills development programs in response to community needs. The CYC serves as a focal point in developing leadership and encourages self-help and mutual aid.



Spiros' Message

The Cabbagetown Youth Centre (CYC) has been around a pretty long time, which on its own is a testimony to our resilience to survive in service to our communities! The years have served us extremely well enabling the CYC to grow into a reliable and trusted resource for the children, youth and families of the St. James Town, Cabbagetown and Regent Park communities. In planning our programs and services, our history, experience and past successes are bedrock to ensuring we continue to be relevant to those we serve.

What began as our VISION for the future in 1972, is now our daily MISSION, firmly rooted in the present and delivering real results that you can see, hear, touch and feel, every single day, year-in and year-out.

CYC is now a leader in delivering programs for children and youth. We do provide opportunities that may otherwise be unavailable, continuously strive to improve chances for success in life and contribute to building community capacity while helping to improve the health and wellbeing of the communities we serve.

But how exactly do you measure the impact of providing “an opportunity that would otherwise not be available”? Of course, we use a variety of evaluation tools; however, there is no more valuable measure for me than witnessing a child shine; watching a child grow through our programs into a confident young adult, into a camp counselor, high school graduate, university candidate; seeing a child become skilled, discover their passion, build self esteem, become a mentor years after being mentored themselves; live in a community that cherishes and deserves any opportunities it has to be healthy and well.

We measure our impact by the names and the faces and the accomplishments of those who have been and continue to be a part of the CYC family, throughout their lives. It is these lives that will provide inspiration and breathe life into CYC's vision to create sustainability for years to come.



*Spiros Papathanasakis
Executive Director*





There is no more valuable measure for me than witnessing a child shine; watching a child grow through our programs into a confident young adult.

We have already begun making this vision a reality by finding a way to improve the physical environment of the **CYC** and ensuring that the communities we serve have a fresh, newly renovated space at our flagship 2 Lancaster Avenue site, in which to learn, grow and belong.

I am excited to report that **CYC** began construction on vital repairs and renovations this year thanks to matching funding for capital dollars raised by the **CYC** from the federal and provincial governments through the Recreational Infrastructure Canada (RIInC) Program in Ontario & Ontario REC. I extend my deepest gratitude as well, to industry, community and individuals who contributed to our capital campaign in creating this opportunity that will be measured with actual bricks and mortar. I am thrilled that **CYC** will be able to introduce this new space to the community by Spring 2011.

My message this year is **CYC's** commitment to meet the challenges and find the solutions necessary to make sure that we continue to be a constant resource for those who need us the most, for years to come.

My message this year is one of an open invitation, to welcome you to meet these amazing individuals who put a face to everything that we do at the **CYC** and to share in our collective pride and resilience for what we can accomplish as individuals, groups, families and a community centre off of a small laneway in downtown Toronto.

My message this year is to announce **CYC's** vision to serve our community for years to come . . . and we all know what happens when **CYC** has a vision. Welcome to the future!



History

The **Cabbagetown Youth Centre** was formed in 1972 by volunteers to provide social and recreational programs for youth in the eastern inner city core of Toronto. **CYC** is a private, not-for-profit organization governed by an 14 member board of community supporters.

CYC was developed in response to a need for preventative services in a community with one of the highest youth crime rates in Metro Toronto. It has gradually expanded programs from sports to social activities to learning skills, health promotion and vocational development for residents of all ages.

In 1996, a site at 240 Wellesley Street East was developed. It includes classrooms for ESL instruction and computer training, child-care facilities and a large auditorium.

In 1999, **CYC** redeveloped an old YMCA in the sub-basement of a large apartment building in St. James Town. Since then, recreational, community and skill development programs have been offered at 650 Parliament Street. The site operates at capacity seven days a week and is presently straining existing resources.

Capital Improvements in 2010

In 1977 **CYC** purchased our building at 2 Lancaster Avenue. **CYC's** last facility upgrade was 25 years ago, with ongoing maintenance by volunteers the only work done since this time.

Ottawa and Queen's Park have both approved our applications for capital funding and each will match up to \$301,600.00 that we raise towards **CYC's** \$904,800.00 renovation project. Funding is contingent upon securing matching funds and completion of the project by March 2011.

This project includes repairs and upgrades that will dramatically improve energy efficiency, water use and safety. Plans include new electrical wiring and fixtures and new pipe and plumbing fixtures. Floors and ceilings will be repaired or replaced, and we will be able to finally install insulation in a building that has never been insulated.

To date, the roof has been replaced and a \$25,000.00 kitchen upgrade has been pledged. With almost two-thirds of our goal realized, we are working hard to fundraise to secure the remaining funds. We would like to thank our major donors who have contributed to our capital campaign including Manulife Financial, Kiwanis Club of Toronto, The Rotary Club of Toronto, R. Howard Webster Foundation, Bondfield Construction Company Limited, TD Canada Trust, Tippet Foundation, RBC Wealth Management, The MEG Foundation, Jays Care Foundation (Field of Dreams) and CIBC Foundation.



What We Do



CYC has evolved from a single program to a full range of recreational, social and skill development programs for a diverse, multicultural and constantly changing population.

CYC provides a complete range of recreational, social and skill development programs for ages ranging from pre-school to seniors. Programs are free of charge. Recreational programs include martial arts, boxercise, indoor soccer, volleyball, basketball and wrestling. Social programs include after-school programs, summer camps, performing arts, a youth club, drug awareness, leadership training, pre-school nursery and parent-child programs. Skill development includes computer training and youth employment training.

While **CYC** has evolved in response to community needs, it has also been a catalyst for the diverse community it serves. Each program is linked with other services, effectively mobilizing a diverse and evolving community comprised of many different cultural and socio-economic groups. Parenting and Family Literacy Centres function as a gateway to many **CYC** programs as well as to community and social services in general. The focus of programming is on developing local strengths and initiatives and soliciting local residents through volunteer contributions and paid employment to deliver services in the community.



Programs

Programs are designed in response to expressed community needs and ongoing community feedback. The **Cabbagetown Youth Centre** strives for a balance between recreational, skill development and community programs, encouraging participation at an early age with opportunities for ongoing involvement as children, youth, adults and seniors. Many of our programs are advised by a community council which sets program objectives, gets the community involved and responds to the needs of the program as they are identified through our internal evaluations.



Child & Youth

- After Four Programs
- 'We Read' Mentoring Program
- Youth Sports includes basketball, volleyball and soccer camps and leagues
- Performing Arts (Dance, Drama, Vocal)
- Snack Program
- March Break Camp
- Summer Sports Camp
- Summer Jr. Playgroup
- Summer Tennis Camp
- Literacy
- Active Games
- Boys 2 Men

Sports & Recreation

- Adult Dance
- Aerobics
- Baseball
- Boxing
- Dance
- Martial Arts
- Tai Jutsu
- Weight Room
- Wrestling

Community

- Internet Café (Partnership)
- CAP-C
- Parenting & Family Literacy Centre
- Cooking from the Heart
- Gym Program
- Movement & Music
- Fathering Program
- Community Home Visitor
- Peer Nutrition



Responding to Community Needs



The Cabbagetown Youth Centre provides social, recreational and skill development programming to residents from birth to seniors. **CYC** programming aims to empower children and youth in all areas of their lives, as well as helping to improve the quality of the lives of individuals and families in the community. In addition to the recreational programming, **CYC** offers skill development and social programs to empower and provide residents with the opportunity to participate in the social and economic life of the community.

Volunteerism plays a key role in **CYC's** success. In fact, its positive impact is two-fold! Volunteers are an invaluable resource. Through fundraising, sharing of skills and resources, assistance in renovation projects, service hours and program support, volunteers make many programs possible while also gaining invaluable training and leadership experience. It is through these relationships that **CYC** not only succeeds in meeting its communities' needs, but also evaluates, at a grass roots level, its changing needs.

Here are just a few examples of the many programs **CYC** is proud to offer in direct response to identified needs:

- **CYC Summer Camp** offers recreational and educational activities to campers in the areas of Sports Leagues, Performing Arts and Excursions and has been commended by the City of Toronto for its high quality and programming. This program gives a summer camp experience to kids who otherwise would not be able to enjoy summer camp.
- **CYC After-Four Programs** provide children with a supervised, supportive and safe environment after school to boost the skills and knowledge gained in the classroom. Programs offer age appropriate social, recreational and educational opportunities that include Homework Club and Tutoring, Literacy Instruction, Skill-Based Athletics, Recreational Free Play, Hands-On Math & Science, Music Instruction, Performing Arts, Nutrition and Computer Training. These programs promote self-esteem, foster peer relationships and provide the environment for positive, social integration.
- **As sponsoring agency for the federally funded St. Jamestown Community Action Program for Children (CAPC)**, **CYC** works in partnership with the Toronto District School Board, Hincks-Dellcrest Centres and Public Health to provide community children between the ages of 0-6 years and their caregivers with a variety of educational, recreational and supportive programs and services. The overall goal of the nine programs offered is to encourage the development of the children's social, emotional, cognitive and physical development as well as providing caregivers with useful information about healthy child development, parenting and community resources.
- **CYC Youth Programs** include recreational programming to engage the youth, and support services, skill development, entrepreneur training as well as educational and retraining opportunities (including literacy and computer training). These programs help develop self-esteem, self-confidence, leadership skills and provide positive alternatives to youth while promoting a sense of belonging to the community and providing a place youth can call their home.

Our community

CYC serves a richly diverse and multicultural community. Residents from the St. James Town, Cabbagetown and Regent Park communities represent a variety of different cultures including Sri Lankan, Filipino, Chinese and Indian, Tibetan, Nepali, Russian, Chechnyan, Ethiopian, Somali, Spanish, Pakistani and Afghani immigrants. In fact, St. James Town is often the first Canadian home for immigrants from around the world.

Within its 18 high rise buildings, St. James Town houses over 65,500 people per square kilometre, compared to 7,000 residents per square kilometre in the rest of Toronto, making it the most densely populated single block in Canada. Residents of St. James Town are more likely to be renters, recent immigrants, seniors living alone, low income earners or on public assistance. The residents are likely to speak a first language other than English or French, to have low birth-weight babies, to have less than a high school education and to be teen mothers or lone parent families. This diverse and high-risk population shares local medical, educational and recreational services and resources that are stretched, inaccessible or *simply non-existent* in the community.



Spiros and his Mom view the Olympic flame

Partners

614 St. Jamestown
 Bathurst Street Theatre
 Children's Aid Society
 Focus on Youth
 Free the Children
 Heart to Heart
 Hincks-Dellcrest Centres
 KidSport Ontario
 Kids Up Front
 Native Child and Family Services
 Old Cabbagetown BIA
 Operation Springboard
 Our Lady of Lourdes Catholic School
 Parliament Wellesley Property Management
 Parenting and Literacy Programs
 Philpott Tennis
 Salvation Army
 Second Harvest
 Serve Canada
 Silayan's Community Centre
 St. Stephen's Community House
 Tamil Academy of Culture and Technology
 The Children's Book Bank
 Toronto Catholic District School Board
 Toronto District School Board
 Toronto Parks and Recreation
 Toronto Police Services
 Toronto Police Services, 51 Division
 Toronto Pre-School Speech and Language
 Toronto Public Library - Parliament Street
 Toronto Public Health
 United Filipino Association of St. James Town
 Wellesley Community Recreation Centre
 Winchester Park Public School
 Winchester Residents Association
 Winchester Street Theatre



Toronto Blue Jays catcher J. P. Arencibia with State Farm and CYC representatives on the diamond at Rogers Centre last fall.



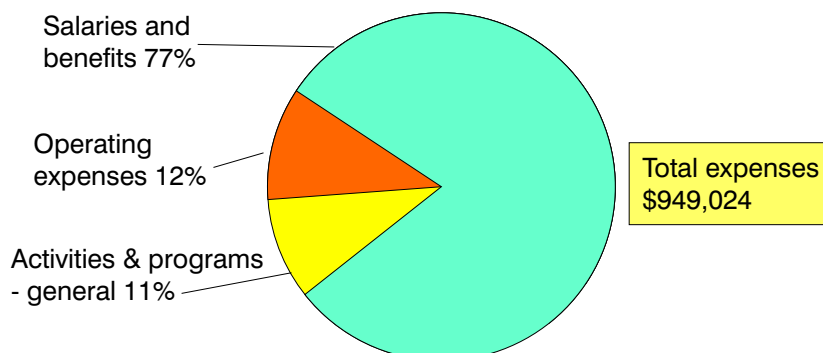
Toronto Sun Publisher Mike Powers and Sun News Research Manager Julie Kirsh present a cheque for \$4000 to June Charles, CYC program co-ordinator. The money was raised by Sun staffers.

Our Donors and Funders

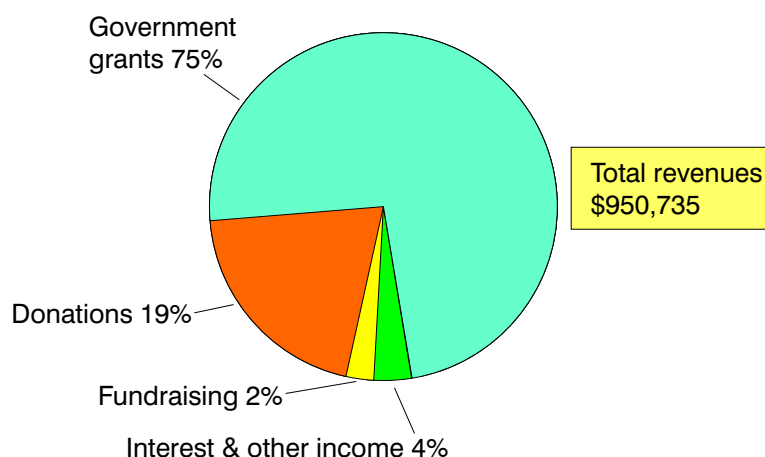
ABMO Foundation of Hope
 Beaver Bible Class
 Blair's Run - Street & Team Donations
 Bonfield Construction
 CIBC Children's Miracle Foundation
 City of Toronto
 – Parks, Forestry and Recreation Major
 Recreation Partnership Program
 CP24/CHUM Christmas Wish
 Free the Children
 Government of Canada
 – Social Development Canada - Human
 Resources & Skill Development Canada
 – Health Canada
 Hermant Family Foundation
 ING
 Jays Care Foundation
 Kids Up Front
 Kiwanis Club of Toronto
 KPMG
 Lorraine Kimsa Theatre for Young People
 Manulife Financial
 National Ballet of Canada with SunLife Financial
 Ontario Science Centre
 Ontario Trillium Foundation
 Orbach, Carl and Lila
 Parents
 Phipps Desserts
 Province of Ontario
 – Ministry of Health Promotion Communities in
 Action Fund
 – Ministry of Education Boys to Men (B2M)
 Raptors Foundation
 Regent Park
 R. Howard Webster Foundation
 Rotary Club of Toronto
 St. Jamestown Steak & Chop
 Second Harvest
 Sony Canada
 Starbucks - Parliament Street
 State Farm
 Sun Life Financial
 The Salvation Army
 Tippet Foundation
 Toronto District School Board
 – Focus on Youth
 – Priority Use of Schools Initiative
 Trinity College
 United Way - Donor Designations
 Universal Youth Foundation
 Wellesley-Parliament Square
 Wild Wing Restaurant Inc.
 Winchester Public School

Sponsors (of Evening Soccer League)
 Merchants of Cabbagetown

Expenses



Revenues



Board of Directors

Ron Caulfield
 Gerald Graves
 Vas Georgiou
 Louise Koepfler
 Marilyn Marshall
 John McFadyen
 Spiros Papatanasakis
 John Raftery
 Sandra Riches
 Judy Shields
 Mark Warner
 Peter Wylie

CABBAGETOWN YOUTH CENTRE INC.

STATEMENT OF OPERATIONS

Year ended December 31

	2010	2009
REVENUE		
Government grants	\$710,280	\$675,118
Donations	179,133	176,710
Fund raising events, net	21,038	75,130
Interest and other income	40,284	37,356
	\$950,735	\$964,314
EXPENSES		
Activities - General (including boxing)	\$109,970	\$237,285
Operating expenses	111,347	104,571
Salaries	727,707	640,909
	\$949,024	\$982,765
Excess (deficiency) of revenue over expenses	1711	(18,451)

PURPOSE OF THE ORGANIZATION

Cabbagetown Youth Centre Inc. (the "Centre") is an organization operating social and recreational programs in the Cabbagetown and St. James Town communities of Toronto, Ontario. The Centre is incorporated as a not-for-profit organization and is a registered charity under the Income Tax Act.

Audited Financial Statements are available upon request.



Cabbagetown Youth Centre Inc.
Charity BN/Registration #: 88862 1893 RP0001

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cabbagetownyouth.ca

650 Parliament Street
Toronto ON M4X 1R3
Tel 416 513-9802
Fax 416 513-9804

280 Wellesley Street East
Toronto ON M4X 1G7
Tel 416 963-9528

240 Wellesley Street East
Toronto ON M4X 1G5
Tel 416 923-0984

Other Program Locations

Rose Avenue Public School, 675 Ontario Street
260 Wellesley Street
Winchester Public School, 15 Prospect Street