

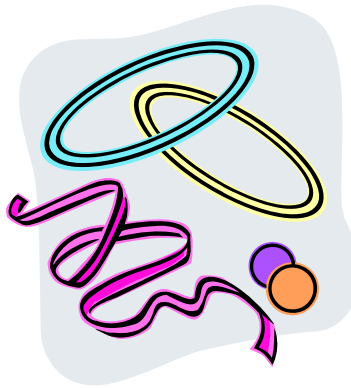


CAPC St. Jamestown Community Project

Free Drop-In Programs for Parents/Caregivers and children ages 0-6 years

MOVING TOGETHER

Cabbagetown Youth Centre,
2 Lancaster Avenue
Thursday
1:00 - 3:00 p. m.



A Physical fitness program that involves parents and caregivers with their children. Together we share a variety of different movements, games / activities in a large gym space.

We end with a healthy snack and story time

For more information please call Kathy at 416-960-8321